

# Reviscon® Mono 2.0%

## Discussion Guide

Bring this to your next appointment

### 1. What is Reviscon Mono 2.0%?

Reviscon Mono 2.0% is a single injection of hyaluronic acid designed to improve lubrication and shock absorption in an arthritic knee joint. It is new to Canada and licensed by Health Canada (MDALL Device Licence No.: 110891)

### 2. Why choose Reviscon Mono 2.0%?

Reviscon Mono 2.0%'s formulation reflects the characteristics associated with stronger outcomes in published research ( - Ferkel et al., Cartilage, 2023):

- **High molecular weight (3 MDa)**
- **Non-cross-linked (native HA structure)**
- **Non-avian (bacterial fermentation)**
- **High viscosity** to mimic healthy synovial fluid (900,000 mPa·s)
- **Single 2.4 mL injection**

### 3. Can I trust it?

Reviscon® Mono 2.0% is fully licensed by Health Canada and manufactured by VSY Biotechnology, a German company that specializes in hyaluronic-acid medical products, including ophthalmic viscoelastic devices used in eye surgery. Reviscon® Mono 2.0% has been used internationally since 2015, and in over 30 countries.

### 4. Can it help me?

Reviscon Mono 2.0% may be considered for people with:

- Mild to moderate knee osteoarthritis (*People with advanced OA may have less benefit from HA injections.*)
- Ongoing stiffness or pain despite NSAIDs, physiotherapy, or activity changes
- A goal of delaying or reducing surgical interventions

### 5. What is the treatment?

- One intra-articular injection (2.4 mL)
- Performed in the clinic under aseptic technique
- No multi-week series
- May be combined with PRP or corticosteroid when appropriate

### 6. What is the recovery time?

- Most people return to normal activity the same day
- Mild soreness or swelling can last 24–48 hours

### 7. How quickly will it work?

Improvement usually develops gradually over 2–6 weeks.

### 8. How long will it last?

Benefits often last up to six months, depending on activity and OA severity. Many patients repeat treatment every 6–12 months.



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